

GROSS MOTOR DELAY

Parents are often have concerns about their children's development, especially when they see other children of the same age who have already attained a milestone that their child still hasn't met, causing them to think that their child is 'slow' or 'seems behind.' It is important to keep in mind that for each milestone, there is a range of ages during which a child will normally meet it. For example, some children may walk as early as 11 months, while others may not walk until they are 15 months old, and it is still considered normal.

Some signs that your infant may not be meeting his normal motor milestones include: not being able to bring his hands together by 4 months, not rolling over by 6 months, having head lag when pulled to a sitting position after 6 months, not sitting by himself without support by 8 months, not crawling by 12 months, and not walking by 15 months. Remember that mild delays in motor development can be normal, and there is a range during which these milestones are usually met, so your child may not meet each one at the same time as other children.